

# All day breakfast

Sausage sandwich- three grilled Cumberland sausages between 2 slices of farmhouse granary or white bread Add a fried egg

Bacon sandwich- three slices of grilled bacon between 2 slices of farmhouse granary or white bread Add a fried eag

BIG 5- scrambled or fried eggs, tomatoes, mushroom, Cumberland sausage, bacon and toast Add baked beans Add Rosti

Three egg omelette- ham and cheese or spinach, cheese and mushroom Add toast or add chips

#### Roosterbrood

(south African fire cooked roll)

Cumberland sausage, caramelised red onion chutney, cheese, wholegrain mustard and mayo

Smoked salmon, dill crème fraiche, avocado and rocket

## Toasted sandwiches

Sourdough/brown/white

Cheese and red onion/ cheese and tomato Cheese and ham

Tuna. Cheese and red onion

Chicken mayo, red onion, bacon & mozzarella Mushroom, spinach, red onion and CHEESE Reuben- salt beef, cheese, pickled cabbage and mayo

Buffalo mozzarella, tomato and basil Add chips /add sweet potato fries /add mini house salad

### Breakfast

(served until 12pm mon-fri/all day sat+sun)

Cape kitchen granola- with yoghurt, berry compote and drizzled with honey

Bowl of porridge- creamy oats with a choice of toasted almonds/ berry compote/ honey or banana

Eggs on toast- 2 poached, fried or scrambled eggs on choice of buttered toast

Cape town- cape seed toast with rocket, tomatoes and bacon with either scrambled or poached eggs

Farmers breakfast- boerewors, bacon, mushroom, tomato, fried banana, 2 eggs of your choice and toast

Greyton- 2 slices of cape seed bread with mashed avocado Add 2 poached eggs

Mandela- potato rosti with 2 poached eggs and a rasher of bacon with chorizo and tomatoes

Elgin- potato rosti, sliced avocado, rocket, smoked salmon and poached eggs

The V- potato rosti, spinach, mushroom, tomatoes and avocado with baked beans

French toast- with a homemade berry compote, greek yoghurt and honey

The Royale- smoked salmon/ spinach/ ham or bacon- toasted cape seed or sourdough, poached eggs, hollandaise

Please advise your waiting staff of any allergies or food intolerances prior to ordering, menu items may contain trace levels of allergens due to the way the products are prepared



KITCHEN OPEN 8-3PM MONDAY-SATURDAY AND 9.30-2.30PM ON SUNDAY (BANK HOLIDAY HOURS MAY DIFFER) Cape salad bar (Available Mon-Fri)

Pick 1 main and up to 3 salads or pick up to 4 salads

Homemade soup served with cape seed bread.

## Salads

House salad- mixed leaves, avocado, feta, red onion, chargrilled veg, olives, toasted pumpkin seeds and our house dressing

Caesar- cos lettuce, warm chargrilled chicken breast, egg, homemade croutons, parmesan shavings and Caesar dressing

Goats- mixed leaves, warmed chargrilled vegetables and goat's cheese and house dressing

Malay- tempura king prawns, avocado, spring onions, mixed leaves, mango and corn salsa with coriander and a mild chilli dressing

South easter- warm teriyaki chicken breast with noodles, mixed leaves, shredded carrot, ginger, coriander and toasted sesame seeds

## Closed Sandwiches

Cape malay chicken and banana chutney Tuna mayo with spring onion Free range egg mayo and rocket Bacon, lettuce and tomato

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# From the chargrill

Beef burger- Homemade 8oz Aberdeen angus beef burger served in a seeded bun, mayo, tomato, red onion, gherkin and chips Add cheese or/and bacon each

Skinny burger- no bun, large mixed salad with feta, onion, olives, pumpkin seeds and avocado

Add cheese or/and bacon

Boerewors burger- boerewors served in a seeded bun with homemade chakalaka, mayonnaise and chips

Cape triple decker vegan club sandwichsweet potato and black bean, avocado, spiced aioli, chakalaka, cos

Cape classic triple decker club sandwichchicken, tomato, bacon, egg, mayo and mixed leaves

Steak roosterbrood- with mayo, red onion chutney, rocket, tomato and chips

## Open Sandwiches

Cape seed/sourdough/white/brown/gluten free/wraps

Chargrilled chicken breast, avocado, tomato, coriander and lime dressing, spiced Malay chutney

Chargrilled chicken Caesar sandwich with bacon, avocado, cos and parmesan

Prawn marie rose with cos, avocado, coriander and ground black pepper

Scottish smoked salmon with avocado, cucumber and dill crème fraiche

Open vegan sandwich on capeseed bread with avocado, rocket, chargrilled vegetables and hummus



Cakes/ scones/ pastries and sweet treats! All available from our bar.....please just ask the team!

## Drinks

Teas-all loose leaf Breakfast, Earl grey, Moroccan Mint, Lemon and Ginger, Green or Berry Punch, ROOIBOS

Tea bags-Camomile, ASSAM Hot water and Lemon

Coffee-Americano Cappuccino Latte Espresso

Double espresso Macchiato single Macchiato double

Cortado Mocha Flat white Cafetiere Add syrups

### Hot chocolate

Luxury melt: milk, dark or white Cadburys Add cream ADD MARSHMALLOWS

## Shakes

Vanilla, strawberry, chocolate, peanut butter or banoffee
All served with cream and toppings

### Smoothies

Fruit or veggie smoothies- ask the team for the daily flavours!

## Cold drinks

Small still/sparkling
Large still/sparkling
Freshly squeezed oj
Cloudy organic apple
Cranberry/tropical
Elderflower or ginger beer
Coke/diet coke/7 up
San pellegrino lemon or blood orange
Tonic/soda

Mimosa
Bloody Mary
Rebellion lager/blonde
Becks blue
Sxollie cider
House white 175ml or bottle
House red 175ml or bottle
Prosecco glass or bottle

Beers, booze and bubbles-

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